

## FACILITATOR CHEAT SHEET

### I Want? I Need? Game

Get the families to stand in the middle of the room. On one side of the room, put up the sign “I want!” and on the other side put up the sign “I need!”

Then read out this list, and ask people to decide if they are things they WANT or NEED. Get them to move to stand on the side of the room they think- either they NEED this (i.e. it is essential to their life) or they WANT this (it’s not essential but it’s nice to have). If they neither want NOR need something, they can stand in the middle.

- Encourage people to make their OWN choice- not be swayed by parents or others.
- Let people chat in between each item as this is part of the learning.
- If there is one that is particularly controversial, or very split, perhaps ask a couple of people on each side why they chose to stand where they did.

Here are some suggestions for what you might say (use as many as you like depending on length of time you have)

- Food
- Fast Food- e.g. McDonalds
- Water
- TV
- Sky TV
- Mobile Phone
- Hugs
- Electricity
- Playstation /Xbox
- People to have fun with
- Playtime
- Holidays
- Computer
- Toys
- Books
- Sunshine
- Trainers
- Nike Trainers
- Anything else....? (add your own)