

# MADE OF MONEY

## Session 2: Saving Money

### Changes I Want To Make

Think about changes you need to or want to make about your finances.  
They could be something practical, or something related to how you feel about money.

Now choose one change you want to make first:

Now think about what steps you need to take to make this change. Think about who you may need to involve, or ask for help, if needed. Where will you go for this? What do you need to start doing? What do you need to stop? Which of these will you do first?