

Your Energy Your Money

FACILITATOR CHEAT SHEET

Energy Scenarios

This activity allows participants to explore different situations that may arise around energy and money. It aims to help them to role play how they might deal with a situation, think about their rights and what they could do if it happened to them, and gain confidence in communicating.

How to run the activity:

This activity can be used flexibly, but is designed to be done in **pairs**. There are four 'scenarios'. Each covers a different topic that may arise around energy: billing errors, poor housing leading to high bills, problems with meters, and including the whole household in thinking about energy use.

Each card contains a made-up scenario for discussion. (The people in each situation have been chosen to have a gender-neutral name.) There is also a final card, named "You and...". This is in case anyone in your group wants to share their own energy / money situation, and to discuss it with another person.

- Split up the group into twos, and give each pair one of the cards. Get them to read the scenario together (or read it out to the whole group if literacy is an issue).
- In pairs, encourage them to role play using the questions on the front of the card. Let them decide who is going to play the part of the person on the card, and who is going to be their friend/family member.
- Allow the pairs time to work through the questions together. You may want to set a fixed time for the discussion, for example 2 minutes. If there are things they don't know or want more information on, encourage them to make a list of questions they would need to ask, and think of places they could go for information.
- On the back of the card are any useful facts and information about the situation, and/or questions that it may be useful for that person to ask. The pairs may want to turn over to find out more, or you may want them to discuss the situation FIRST.
- Come back together and get each pair to feedback to the group on their scenario and what the things they discussed.
- If there is time, you can then repeat, giving each pair a different scenario, or challenge them to think of a situation they have had, or have heard of, to discuss.