

Session Plan (1 Hour)

Objectives of the Session:

- ✓ Introducing parents to the purpose of exploring money with their children
- ✓ Identifying the importance of the role that parents play in children's understanding, attitudes and behavior towards money
- ✓ Begin think of ways to manage money better

	Activity	Materials	Time (mins)	Notes
1	Welcome If you are using name badges or registration forms hand them out now	Your own registration forms.		
2	Introductions & Ice Breaker Introduce yourself & the aim of the course. Ask group to introduce themselves, ages of their children & their first memory of money. OR: ask what they want to get out of the group.		15 (15)	
3	Group Contract As one group (or split into 2 if needed) formulate contract ideas for the course- e.g. respecting each other, listening, not using bad language... Write on flipchart paper and stick on wall if needed.	Flip chart Markers Blu tac	5 (20)	
4	Pet Can Speak As a pair, go through the various questions provided and think about what your pet will learn about money from you.	Question handout Cheat sheet	10 (30)	
5	Where Do Children Get Messages About Money? Use Where do Children Get Messages About Money? discussion cards. Split into two groups and get groups to order which has the <u>greatest</u> to the <u>least</u> impact on what their children think, feel and know about money. Is this the order you would like? Use cheat sheet to help if you need some discussion prompts.	Where do Children Get Messages About Money?' discussion cards you will need to cut these. Cheat sheet	5 (35)	
6	Why Should Children Learn About Money? Group discussion	Cheat sheet	15 (50)	

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7	Spending Diaries & Sum up Give everyone a spending diary and explain the principles. Use the 'Spending Diary Cheat Sheet' for tips. If you have done your own spending diary, you may want to share some of your own experiences.	Spending diaries Cheat sheet	10 (60)	
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What you need for this session:

Provided:

- ✓ Group contract cheat sheet
- ✓ Different pets activity cards
- ✓ “Pets come to life” question handout
- ✓ “Pets come to life” cheat sheet
- ✓ “Why should children learn about money” cheat sheet
- ✓ “Where do children get messages about money” activity cards
- ✓ “Where do children get messages about money” cheat sheet
- ✓ Spending diaries cheat sheet
- ✓ 10 spending diaries free – buy more directly from MOM

Not Provided:

- ✗ Registration forms (if you are using)
- ✗ Name labels (if you are using)
- ✗ Flip chart
- ✗ Flip chart paper
- ✗ Flip chart pens
- ✗ Blu tack